



Class:UKG

**SESSION 2021-22** 

# **Holiday Homework**



# Dear Parents,

Summer holidays always remain the most awaiting time of the year. You get an opportunity to spend quality time with your child.

During these days when the world is facing pandemic situation COVID 19, we get more time to spend with our family. If this time is used for creative pursuits with fun filled activities it becomes a learning experience.

Therefore, we have planned Holiday Home Fun which would engage them in channelizing their energies during this break.





# "Health is wellness and happiness in mind, body and spirit"

It's every parent's desire to have a healthy and happy child. Health plays a significant role in making a child happy.

Here are some suggestions to keep them healthy:

- Water is vital for kids growth therefore keep them hydrated with different kinds of fluids and fruits eg. water, orange, apple, cucumber, juice, shakes, watermelon etc.
- Offer a variety of food options to kids so that they develop their taste. You do not need to force them to eat but can offer them a few bites to startwith.
- Develops the clean plate rule, by instructing them not to waste food served on one'splate.
- Avoid food or sweets as a way to show your affection. It can lead them to munch every time. Instead, you should shower them with hugs and praises.
- Engage children in a total of 20 minutes of physical activity everyday.
- Stay away from junk food and colddrinks.
- Habituate your kids to go to bed early and riseearly.

#### ACTIVITYHealthyBaskets

• Draw and colour the fruits and vegetables in the givenbaskets.







# Letmebelndependent

### "Ifteachingistobeeffectivewithyoungchildren,itmustassistthemtoadvanceon the way toindependence"

Make your child more independent by teaching him/her various activities like:

- Buttoning and unbuttoning theshirt.
- Laying thetable.
- Feeding self using fork, spoon, glass andcup.
- Folding mats andclothes.
- Arranging their toy shelf / tidying thetoys.
- Wearing shoes and socks.
- Zipping school bag andclothes.
- Sorting and pairing householditems.
- Wiping the tables / cleaning the windowspane.
- Washing vegetables and fruits.













# ACTIVITY Capture the moments

• Click the Photographs of the child while performing theactivities.







# **Manners and Etiquette**

In today's fast-paced, technology-driven society, teaching children manners is something that is more crucial than ever. One of the most important jobs as parents is to help children develop social skills, show them how to interact in a polite manner with people, and teach them to treat others with respect.

Here are a few manners all children should know.

- When asking for something, say"Please".
- When receiving something, say "Thankyou".
- When someone helps you, say "Thankyou".
- Ifyoudoneedtogetsomebody'sattentionrightaway, say"Excuseme."
- If you bump into somebody, immediately say"Sorry."
- Use eating utensilsproperly.
- Keepanapkinonyourlap;useittowipeyourmouthwhennecessary.
- Don't reach for things at the table; ask to have thempassed.
- Do not interrupt grown-ups who are speaking with each other unless there is





anemergency.

- When you have any doubt about doing something, ask permissionfirst.
- Knock on closed doors beforeentering.
- When you make a phone call, introduce yourself first and then ask if you can speak with the person

you arecalling.

- Do not make fun of anyone for anyreason.
- If you come across a parent, a teacher, or a neighbor working on something,

askifyoucanhelp.Iftheysay"yes,"doso--youmaylearnsomethingnew.

- When an adult asks you for a favor, do it without grumbling and with a smile.
- Cover your mouth when you cough or sneeze, and don't pick your nose in public.









Subjects	Торіс	Listening Skills/ Speaking Skills	Reading Skills	Writing Skills	Art Integration/ Experiential Learning		
	Language Development						
English	CAPITAL LETTERS (A-Z)	Recite phonic song Link; https://youtu.be/BELI ZKpi1Zs	Read CAPITAL LETTERS (A-Z) from the wall hanging daily	Write all the Capital letters (A -Z) in holiday homework notebook.	Make letters (A-Z) wall hanging . Collect the things of "A-Z" sound letters from home and write their initial letter in the notebook.		
	SMALL LETTERS (a-z)	Recognise initial letter sound and last letter sound (a-z) Note; Video will be sent through whatsup		Write all the small letters (a-z) in holiday homework notebook.			
	Vowel-a	Identify Rhyming words ( Vowel –a) Link: https://youtu.be/GjT GNPi7Als	Read vowel- a sound words daily and Take help from pg no12 in My English Book. speak daily.	Write 5 Vowel "a" sound words in the notebook every day. Take help from pg no 12 in My English Book.	Collect the things of Vowel "a" sound words from home and write their name in the notebook. Make Flash cards showing vowel "a" sound words. (Like- bag, tap,man etc ) Design beautiful wall hanging showing rhyming words like –cat, mat, hat etc.		

Vowel-e	Identify Rhyming words ( Vowel –e) Link: https://youtu.be/xF9I 9Ra6-TM	Pick up new VOWEL-"e" sound words and speak daily.	See the pictures and write their names in the given box. Write phrases daily in proper formation in the holiday homework notebook. Take help from My English book pg no20.	Make a Picture chart showing "e" sound words. (Like- beg, men ,leg, etc.) Collect the things of vowel"e" sound words from home and write their names in the notebook.
STORIES	PRINCESSCINDEREL LA (HINDI) - https://youtu.be/7YkzC <u>0a1GXo</u> CHALAK BAKRI https://youtu.be/o_MUy flsE_4 MITTIMEINSONA(HIN DI) - https://youtu.be/r883R qDI_RA			Make a beautiful hand puppet related to the story ( CHALAK BAKRI) https://youtu.be/o_MUyfl sE_4
SWAR & VYANJAN	Do practice of Vyanjan Geet Link: <u>Vyanan Geet-</u> https://youtu.be/7GT um97Ef9A <u>Swar Geet</u> https://youtu.be/TM83 zp1AkUM	Read Swar and Vyanjan daily from the Varnmala chart .	Write swar and Vyanjan in Holiday homework Notebook	Collect the Real Obects from the house which are related to the VARNMALA. Make a beautiful Varnamala Chart (K- H) and read regularly from it .

Cognitive Development					
Maths	Comparison	Do practice of Comparison. Listen and Watch the video carefully. Link; https://youtu.be/a- 7jsy8wjAo		Make simple comparisons . For ex 1. Big and Small 2. Long and Short 3. Tall and short 4. More and less	Collect the things based on Comparison Concepts. Make Flash cards of Comparison Concepts – Big/Small Long/Short More/Less Tall/short
	Numbers (0 to 10)	<ul> <li>Revise Numbers (0 to 10) every day.</li> <li>What comes after?</li> <li>What comes before?</li> <li>What comes between?</li> </ul>	Read the numbers from the wall hanging everyday	Do the practice of Numbers (0 to 10) in Notebook on daily Basis.	Draw a beautiful Caterpillar and write numbers (0- 10) on it. Note – Video will be sent through Whatsup
EvSt	' Weaving a story myself"	Open your wings of imagination and create your own story			Write your own name with the help of coloured Rice.
	About Me	Learn 6 – 7 lines about "My Self"		Complete the given worksheet about "My Self" .	Paste the pictures of your family in the family tree.
	My body Parts (Sense Organs)	Touch your body parts and speak .		Write the initial letter sound of Body Parts (Worksheet)	Make sense station. Keep different objects and use your senses to feel them. Make a sense organ Chart on A4 size sheet

	Home Sweet Home (House Hold Tasks)	Speak few lines about your home		Match the given activity with the correct room	Bake and build a ginger bread house or simply use tea biscuits with icing to hold the things together. Provide several towels chairs and tables . Children may use to build cabins.	
Art &	'ART IN MO	TION "				
Craft	Listen to your art and paint your heart . Yes we are all artist and its time to explore our creative side today., so paint , draw and colour in your art file /drawing sheet ( Make any drawing of your choice . • Show your creativity by making" Bottle Aeroplane / Bottle Vase' • BUTTERFLY HAND PUPPET Father"s Day Activity ( CARDS ,SASHES ,CROWNS. HEALTHY PLATTER ACTIVITY )					
Music						
	Prayer-Subahaswerelekarteranaamprabhuhttps://www.youtube.com/watch?v=w5-0XISuqOE					
	Prayer-Itnishaktihamedenadaata - <u>https://www.youtube.com/watch?v=0iB6q59IPSc</u>					
	NationalsongVandemataram-					
	https://www.hindigeetmala.net/song/vande_matram_sujalam_sufalam.htm					
	Englishsong/prayer(Agifttoyou)-					
	https://www.youtube.com/watch?v=J_g76phMf5E WATER EXPERIMENT-					
Let's enjoy						
some experiment	PING PONG BALL EXPERIMENT-					
experiment	https://www.facebook.com/thedadlab/videos/909642713191714/?sfnsn=wiwspwa					
	BUBBLE SNAKE WITH WATER-					
	https://www.facebook.com/thedadlab/videos/1513067589035021/?sfnsn=wiwspwa					

# **Creativity Time**

ACTIVITY - Butterflyhandpuppet

- Trace the butterfly body on a sheet of brown construction paper (grey or black both colour willwork).
- Cut out the butterfly body and decorate thehead.
- Trace the rectangle on the brown construction paper, now cut the legsfrom that rectanglesheet.
- Fold the legs in accordion and glue them on the body ofbutterfly.
- Now trace the wings on yellow construction paper (if not available take any light coloured paper), cut out thewings.
- Decorate the wings making any design and glue it on thebutterfly.
- Cut out the strap, glue it at the bottom of your butterflypuppet.





# **Celebration Time**

### "Life should not only be lived, it should be celebrated"

#### 21June–Father'sDay

### "The heart of a father is master piece of nature"

# ACTIVITY

 Toshowtheloveandgratitudetoyourfathermakeabeautifulcardwiththehelpofyour mother.



#### 21June–InternationalYogaDay

"The most important pieces of equipment you need for doing yoga are your body and your mind."



# ACTIVITY Let'sDoYoga

#### Easy Pose

#### Instructions:

- Sit straight in a cross-leggedposition
- Softly place your hands on yourknees
- Breathe in and out deeply to calm yourbody
- Repeat at least 10 times

#### Corpse Pose (Savasana)

#### Instructions:

- Lie on the back with legs straight and arms at the side. The arms should be at a minimum distance of six inches away from thebody.
- Keep the eyes closed and palms facedupwards.
- Breathe normally while resting the body's weight on theground.
- Slowly exhale while relaxing and de-stressing all the bodyparts.

#### **Dolphin Pose**

#### Instructions:

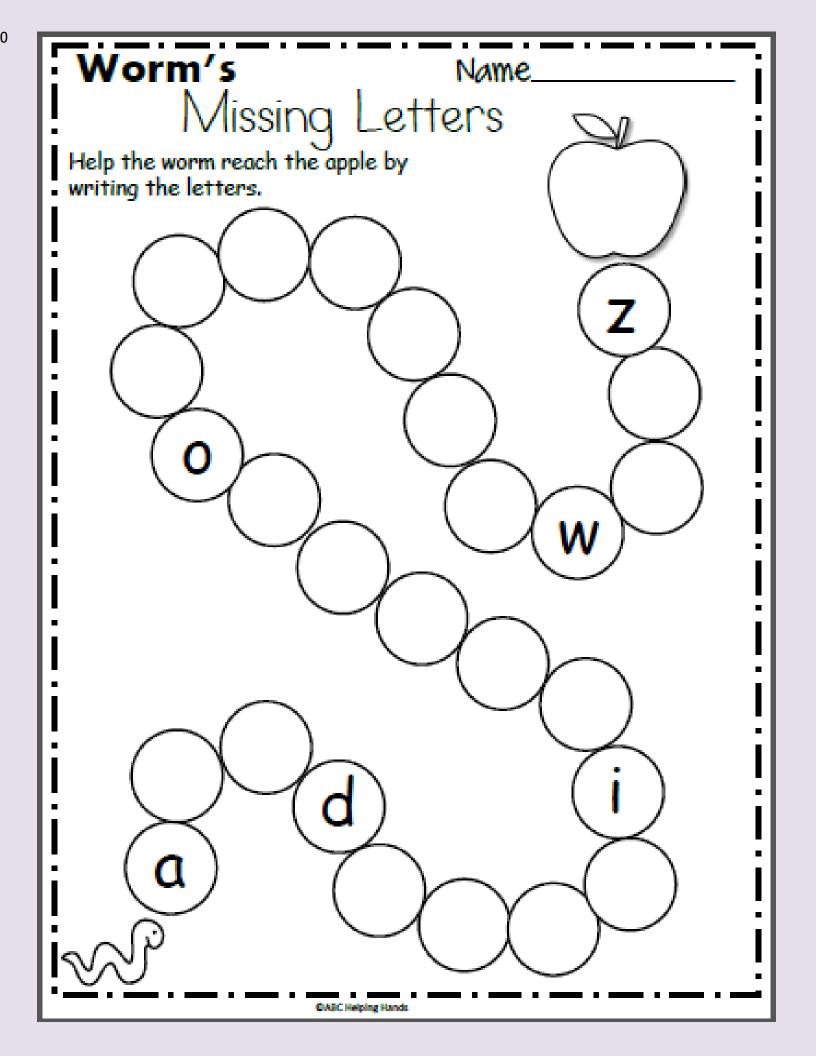
- From the standing position, bend down and place your paims mat on theground.
- Step your feet back to create an upside-down V shape with your bottom highin theair.
- Straight your legs, relax your head and neck and look down between yourlegs.
- Remain in the same position for one minute and repeat the pose 10times.



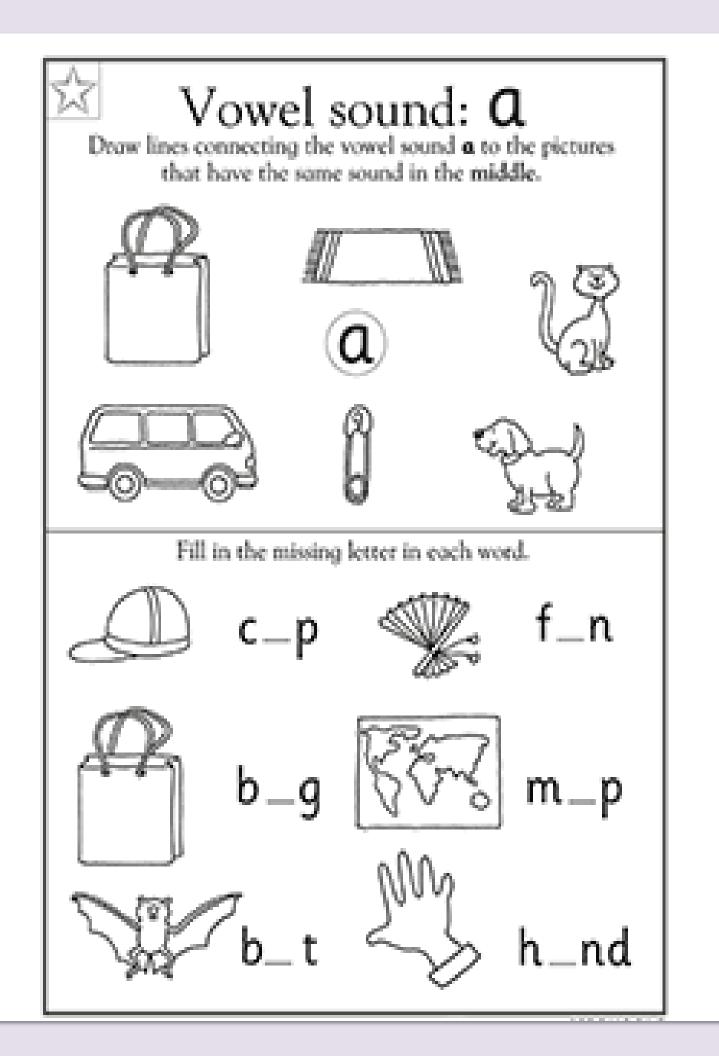












Match the pictures to their phrase.

a fat man

a red bag

a pet sat

a lad ran

red jam

a wet pet









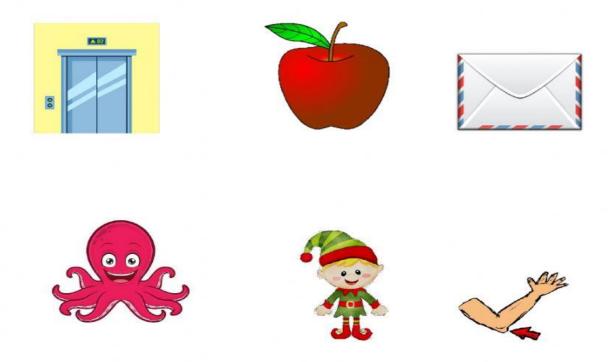




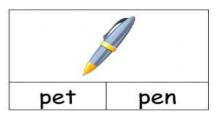
Name:

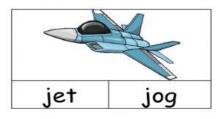
Short Vowel 'Ee'

A. Choose the pictures that has the short vowel 'Ee' sound at the beginning.

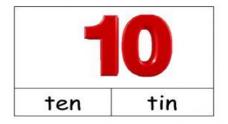


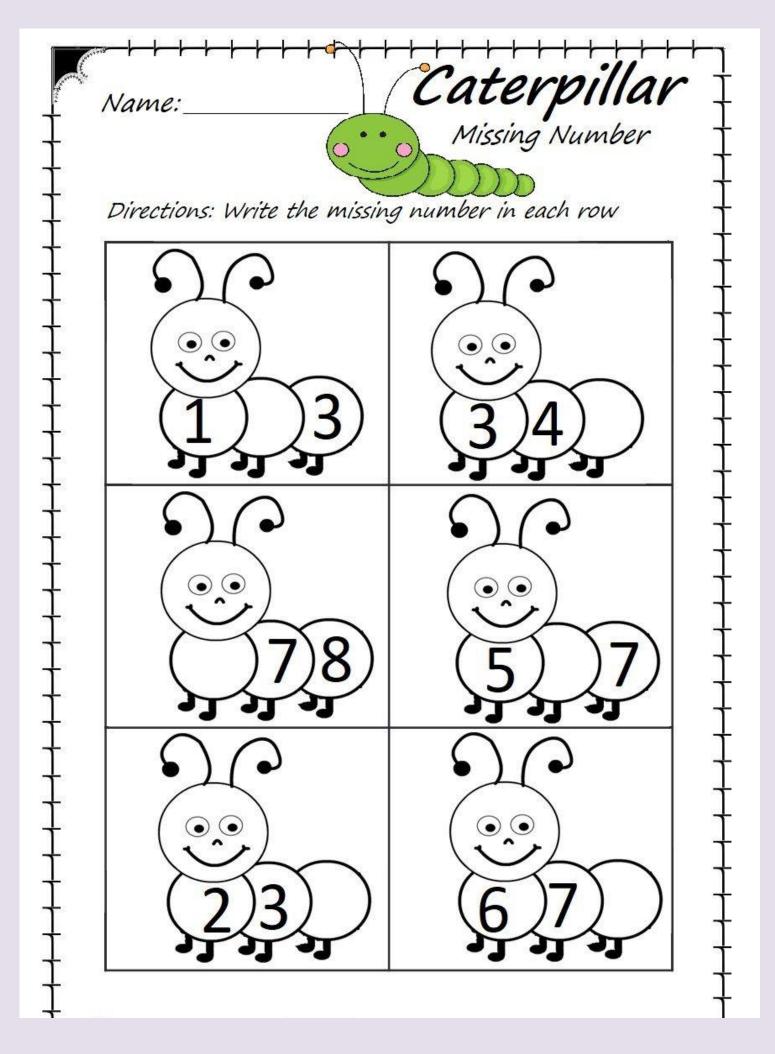
B. Choose the correct word for each picture.

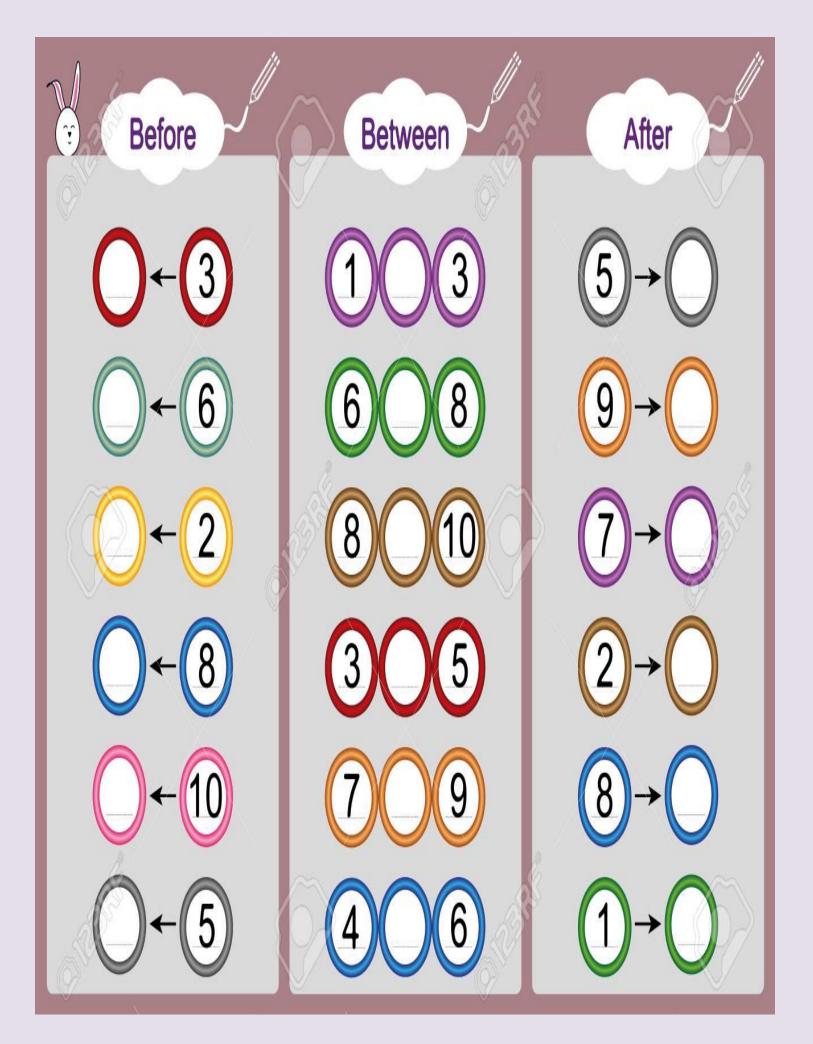




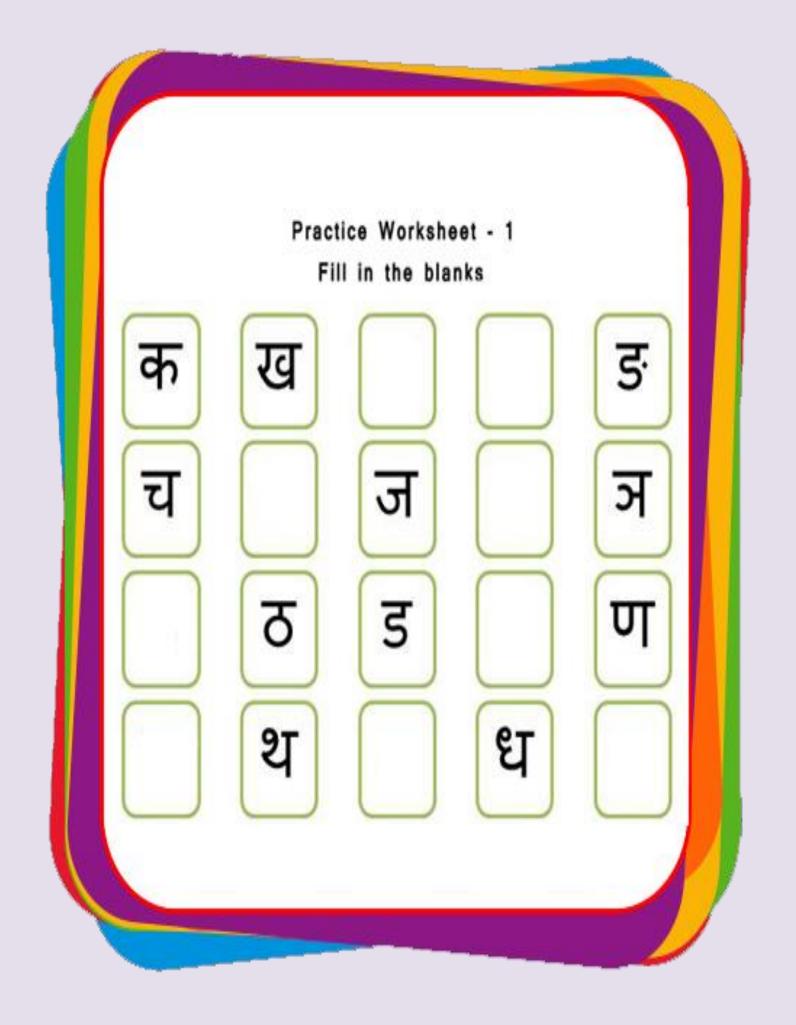


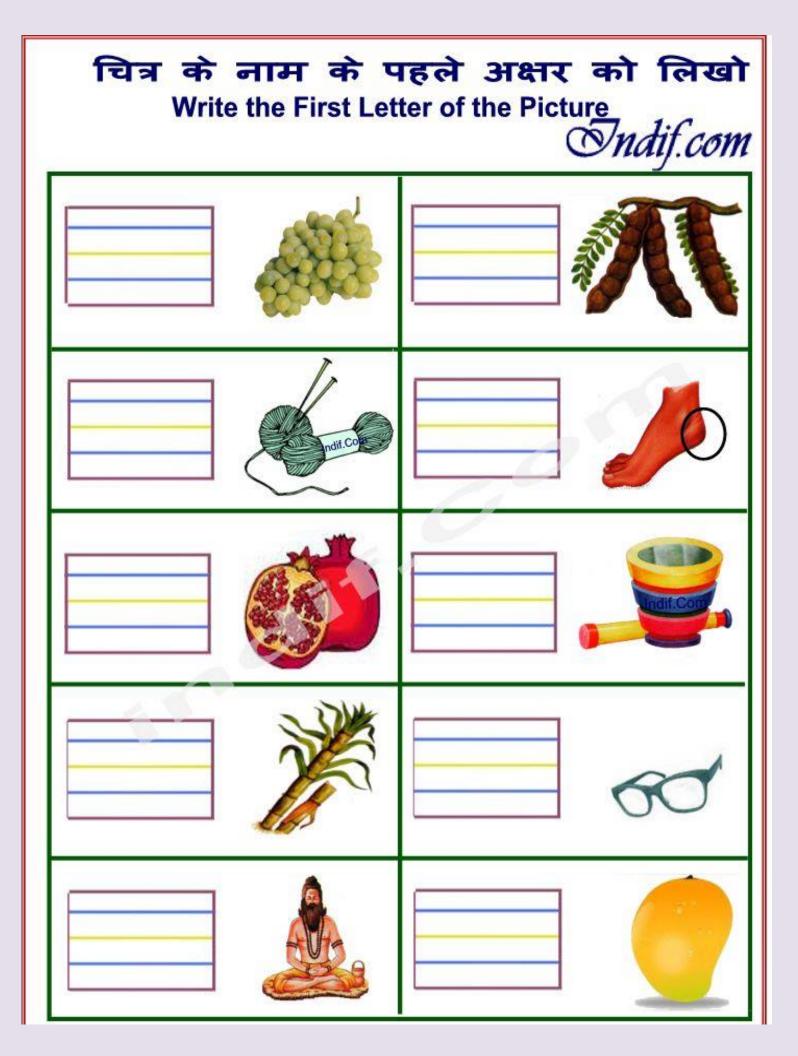














 Conduct an activity by using your sense organs and complete the following table.
 Look around in the room and find something.....

Red 1. Soft 2. 3. Noisy Sweet in taste 4. 5. Good to smell 6. Hard 7. Cold Sticky 8. Crunchy 9.

10. Yellow





# **STAY PROTECTED**



Disinfect surfaces around your home and work.



Wash your hands for at least 20 seconds.



Sneeze or cough? Cover your mouth.

# STAY SAFE

